



**WE THE
PEOPLE**

HCBSAlabama.org

We are declaring our independence as people with developmental and intellectual disabilities

For too long, we've been excluded, or isolated within our communities. We deserve that our voices be heard, and our choices be respected. Support our advancement and expect achievement. We are a valuable part of society and add quality to our communities, businesses, places of worship, and recreational activities.

The new Medicaid Home and Community Based Services (HCBS) Settings Rule empowers people with developmental and intellectual disabilities to:

- Be free from abuse and neglect, protect health and safety, exercise rights and civil liberties
- Be part of the fabric of society and have choices
- Have a valued role in the community
- Form friendships and relationships
- Have independence, identity, and self determination



What is Alabama doing to embrace the rule?

- Enhancing self-directed services
- Increasing community experience and exposure
- Utilizing enabling technology for greater independence
- Making competitive employment for individuals a priority
- Adding new services such as supported living and community day
- Creating a new waiver focused on keeping families together and reaching those in need
- Ensuring conflict free support coordination services

To receive HCBS funding, a provider must offer services and supports that:

- Are in the broader community and engages in community life
- Offers full access to integrated, competitive employment opportunities
- Allows a person control of their personal resources
- Empowers the individual to make choices about their daily life
- Safeguards an individual's rights to privacy, dignity, respect, and freedom from coercion or restraint
- Ensures an individual's ability to choose activities, as well as, friends, roommates, neighbors, and employers

Here's how you can support the rule:

- Provide those with developmental disabilities the same respect and opportunities as any other neighbors, friends, and coworkers
- If you're an employer, learn the benefits you'll reap by working with individuals with disabilities
- Volunteer your time to local programs that encourage inclusion of people with developmental disabilities into the community
- Stay well-informed, aware, and proactive by visiting hcbsalabama.org

Let's focus on each person's abilities.

We all deserve the chance to contribute and give something back. With the help of the new Medicaid HCBS Settings Rule, we can all benefit from the advantages of inclusion.

Learn more about how the Home and Community Based Services Settings Rule can improve your community at www.HCBSAlabama.org.

